

DANCE CURRICULUM

GRADE LEVEL: 3

OVERVIEW: " #!%&' ')&* & +!, -. !(/!0\$/ (12\$0!34!(23\$1' -3\$5'0!1' -0\$!/)(\$2)\$!/3-20-' 0!/ -20!5'0!1' -0\$!
6-3(42-!7-2)\$!83-20-' 0/9!" #\$(23\$1' -3(42!4:!0-2)\$!/3-20-' 0/!; (**!<\$!(+ . *\$ + \$23\$0!(234!\$-)#!&2(3!34!
<43#!' \$(2:4')\$!/)(\$2)\$!)42)\$. 3/4-!/; \$**!- /434!\$>. '\$ (\$2)\$!4. . 4' 3&2(3(\$/!34!) '\$-3\$= . '\$:4' +4)422\$)3!
-20!' \$/. 420!; #(*\$!0\$?*\$4. (21!0-2)\$!(3\$' -)@9!

8\$. 3\$ + <\$' !A!B)34<\$' !CD!; \$\$E/F!	G4')\$!/ - 20!H23\$' -)3(42/!
64? \$ + <\$' !A!, (OIJ-2&- '@!CD!; \$\$E/F!	K \$-3# \$' !-20!%*(+ -3\$!
, (OIJ-2&- '@!A!, -')#!CD!; \$\$E/F!	L21(2\$\$' (21!-20!7\$/(12!
M. '(*!AJ&2\$!CD!; \$\$E/F!	N(:\$!%@)*\$!/ - 20!" ' - (3/!

PRESENT IN UNITS 1-4

!L>. *4' \$!
!

!L>.'\$//

!!" 4!)422\$)3!; \$-3#\$\$!-20!)*(+ -3\$!)42)\$. 3/!34!0-2)\$#8)(\$2)\$!)42)\$. 3/!; (**!<\$!' \$(2:4')\$)0!3#'# 4&1#!3#\$\$!) '\$-3(42!4:!--2!
4' (1(2-!*!+ 4?\$\$ + \$23!-20!0-2)\$!)4+ . 4/(3(42#)

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-- T\$. '\$/\$23!0-3-!(2!3-<*\$!/-20!1' -. #()-*
O(/. *-@/!34!0\$/)')(<\$!3@. ()-*!; \$-3#\$\$'
)420(3(42/!\$>. \$)3\$0!0&'(21!-!. -'3()&*-'
/\$- /42

B<3-(2!-20!)4+ <(2\$!(2:4' + -3(42!34
0\$/)')(<\$!)*(+ -3\$!/(2!0(::\$' \$23!' \$1(42/
4:!3#\$\$!; 4' *09

, -E\$!-!)*(-(+!-<4&3!3#\$\$!+ '\$ (3!4:!--
0\$/(12! /4* &3(42!3#-3!' \$0&)\$/!3#\$\$
(+ . -)3/!4:!--!; \$-3#\$\$' !' \$*-3\$0!#-P-' 0

T\$. *()-3\$!<40@!/#-. \$/!+ 4?\$\$ + \$23!
)#-' -)3\$' (/3)/!-20!+ 4?\$\$ + \$23!
. -33\$' 2/!(2!-!0-2)\$!/\$V&\$2)\$!; (3#!
-; -' \$2\$//!4:!--!<40@!-'(12+ \$23!-20!
)4' \$!/&. . 4' 3#

-#0\$23(:@!-20!\$>. '\$' (+ \$23!; (3#
)#4' \$41' -. #()!0\$?()\$ /!34!)\$ -3\$
/(+ . *\$!+ 4?\$\$ + \$23!. -33\$' 2/!-20!0-2)\$
/3' &)3&' \$/!C:4' !\$>- + . *\$!MZ#MZM=
3#\$\$ + \$!-20!0\$?*\$4. + \$23F9

<97\$?*\$4. !-!0-2)\$!. #' -/!3#-3
\$>. '\$//\$/!-20!)4+ + &2()-3\$!/-2!(0\$-
4'!:\$\$(21#7(/)&/!3#\$\$!\$::)\$3!4:!--!3#\$\$
+ 4?\$\$ + \$23!)#4()\$ /9

-9 L>. '\$' (+ \$23!; (3#!-!?'-' (\$3@!4:!--!/\$*:!
(0\$23(:(\$0! /3(+ &*!(C:4' !\$>- + . *\$=
+ &/()X/4&20=3\$>3=4<W\$)3/!(-+ -1\$/=
243-3(42!4</?'? \$0!0-2)\$=
\$>. '\$' (\$2)\$/!F:4' !+ 4?\$\$ + \$239

<9 L>. *4' \$!-!1(?\$2!+ 4?\$\$ + \$23
' 4<*\$ + #8\$*\$)3!-20!0\$ + 42/3' -3\$!-
/4* &3(429

Y83&0\$23/!; (**! . -'3()(. -3\$!(2!-
Z' -(20-2)\$!; -' + !&. !3#-3!(23\$1' -3\$/
+ 4?\$\$ + \$23!)42)\$. 3/!-20!-3(42/
' \$*-3\$0!34!K \$-3#\$\$!-20!*(+ -3\$9
Y83&0\$23/!; (**!<' -(2/34' +
)#-' -)3\$' (/3)/!4:!--!?'-' (\$3@!4:!--!; \$-3#\$\$'
)420(3(42/!M)3(42!; 4' 0/!-20
+ 4?\$\$ + \$23!; (**!<\$!\$>. *4' \$0!3#\$\$
?'-' (\$3@!4:!--!; \$-3#\$\$' 9
Y83&0\$23/!; (**!&/!-!'-21\$!4:!--!V&-*(3(\$/
4:!--!+ 4?\$\$ + \$23!34!\$. '\$/\$23!; \$-3#\$\$'
)420(3(42/9
Y83&0\$23/!; (**!) '\$-3\$!-!0-2)\$
0\$ + 42/3' -3(21!)*\$-'!-20!)42)(\$
)#-' -)3\$' (/3)/!4:!--!3#\$\$!-3&-*!; \$-3#\$\$'
-20!)*(+ -3\$9
Y83&0\$23/!; (**!; '(3\$!-!)(2V&- (2! . 4\$ +
' \$*-3\$0!34!; \$-3#\$\$!)420(3(42!4'
/\$- /42#!83&0\$23/!; (**!) '\$-3\$!-20
. '\$:4' +!-!0-2)\$!34!\$. '\$/\$23!. 4\$ + 9
Y83&0\$23/!; (**!&/!\$(+ . ' 4?(/-3(42!34
0\$/(12!-! /4* &3(42!3#-3!' \$0&)\$/!3#\$\$
(+ . -)3!4:!--!; \$-3#\$\$' !' \$*-3\$0!#-P-' 0
' 4+ . 3\$0!<@!3#\$\$!3\$-)#\$'
Y83&0\$23/!; (**! . '\$:4' +!-20!\$)\$(? \$
:\$ \$0<-)E!:' 4+! . \$\$' /9

!!" 4!)422\$)3!\$21(2\$\$' (21!-20!0\$/(12!)42)\$. 3/!34!0-2)\$9!8)(2)\$!)42)\$. 3/!; (**!<\$!' \$(2:4')\$0!3#'# 4&1#!3#\$!)' \$-3(42!4:!--2! 4' (1(2-!*!+ 4?\$\$ + \$23!-20!0-2)\$!)4+ . 4/(3(429!		

7\$:(2\$!--!/(+ . *\$! . ' 4<*\$ +!' \$:*\$)3(21!-
2\$0!4' !-!; -23!3#-3!(2)*&0\$!/ . \$):(0
)' (3\$' (-!;4' !/&))\$//!-20!)42/3' -(23/!42
+ -3\$' (-*/÷3(+ \$÷4' !)4/39

T\$. *()-3\$!<40@!/#- . \$/÷+ 4?\$\$ + \$23!
)#-' -)3\$' (/3)/÷-20!+ 4?\$\$ + \$23!
. -33\$' 2/!(2!-!0-2)\$!/\$V&\$2)\$!; (3#!
-; -' \$2\$//!4:!<<40@!-*(12+ \$23!-20!
)4' \$!/&. . 4' 39!

0\$2\$' -3\$!-20!)4+ . -' \$!+ &*3(. *\$
. 4//(<*\$! /4*3(42/!34!-! . ' 4<*\$ +!<-/\$0
42!#4; !; **!\$-)#!(/!*(E\$*@!34!+ \$\$3!3#\$
)' (3\$' (-!-20!)42/3' -(23/!4:!3#\$! . ' 4<*\$ +9

T\$?(/\$!+ 4?\$\$ + \$23!)#4()\$/(2! '\$/ . 42/\$!
34!:\$0<-)E!34!(+ . ' 4?\$\$-!/#4' 3!0-2)\$!
/3&0@9!7\$/) '(<\$!3#\$!0(::\$' \$2)\$/!3#\$!
)#-21\$!/!+ -0\$(2!3#\$!+ 4?\$\$ + \$23/9!

S*-2!-20!)-''@!4&3!:-('!3\$/3/!(2!; #()#
?-' (-<*\$!/!-' \$!)423' 4**\$0!-20!:-(*&' \$
. 4(23!-' \$!)42/(0\$' \$0!34!(0\$23(:@
-/. \$)3/!4:!--!+ 40\$*!4' ! . ' 4343@ . \$!3#-3
)-2!<\$!(+ . ' 4?\$\$09

HO\$23(:@!-20!\$> . \$' (+ \$23!; (3#!
)#4' \$3*)#46!68!0(2!3&2-9!)(: @!-290' \$-3-

!" 4!)422\$)3!(;.\$!)@)*\$/!-20!3' -(3/!

Vjg""NCAS Standards in Dance Resources kpenwfg"nguuqpu."wpkvu."Oqfgn"Eqtpgtuvqpg"Cuuguu o gpvu"*OECu+."cpf"
ewttkewnwo " ocru"cu" y gnn"cu" i wkfcpeg"fqew o gpvu"vq" jgnr" {qw"wpfgtuvcpf"cpf"ko rng o gpv"vjg" Pcvkqpcn"Eqtg"Ctvu"
Uvcpfctfu"hqt"Fcpeg"Eqpvtkdwwqtu"kpenwfg" o g o dgtu"qh"vjg"fcpeg"uvcpfctfu" y tkvkpi"cpf"ngc fgtujkr"vgc o u"cpf"
rctvkekrcpvu"kp"vjg"QRFK"eqwtugu"K o rng o gpvki"vjg" Pcvkqpcn"Eqtg"Fcpeg"Uvcpfctfu"hqt"Fcpeg"cpf" Fgxgnqrkpi "
Eqtpgtuvqpg"Cuuguu o gpvu"hqt"vjg" Pgy"Fcpeg"Uvcpfctfu"Vjg"eqpvtkdwwqtøu"pc o g"cpf"dkq"ku"rtqxkfgf"cv"vjg"gpf"cv"
gcej"fqew o gpv"Eqpvtkdwwqtu"tgrtgugpv"cmn" PFGQ"ugevqtu."vgcejki"kp"M/34." Jki jgt"Gfwecvkqp."Rtkxcvg"Uvwfkq."cpf"
Eq o o wpkv { "cpf"Rgthqt o kpi" Ctvu"qt i cpk | cvkqpu"Vjku"etquu"ugevqt"tgrtgugpvcvkqp"fg o qpuvtecvgu"vjcv"vjg"uvcpfctfu"
rtqxkfg"guugpvken"eqpvgpv"vq"cmn"eqpuvkvwvgu"

Vjgug"uvcpfctfu"tguqwtegu" ygtg"rctvkcnn { "hwpfgf"d { "c" i gpgtqwu" i tcpv"htq o "vjg" Pcvkqpcn"Gpfqy o gpv"hqt"vjg"Ctvu"

EDUCATOR , is Associate Professor of Dance at Hope College. She specializes in dance pedagogy, curriculum development, arts integration, assessment, and advocacy. She developed a K-12 dance program and worked in the district for 12 years. Nicole is the director of StrikeTime Dance Company, a student resident company that promotes dance outreach for children. She is on Board of Directors for SHAPE Michigan, and an active member of NDEO, MDC, and DaCI.